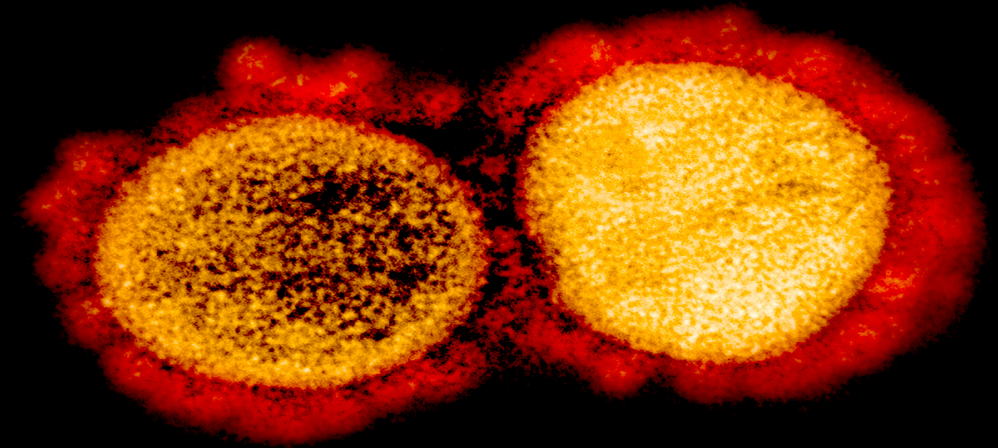


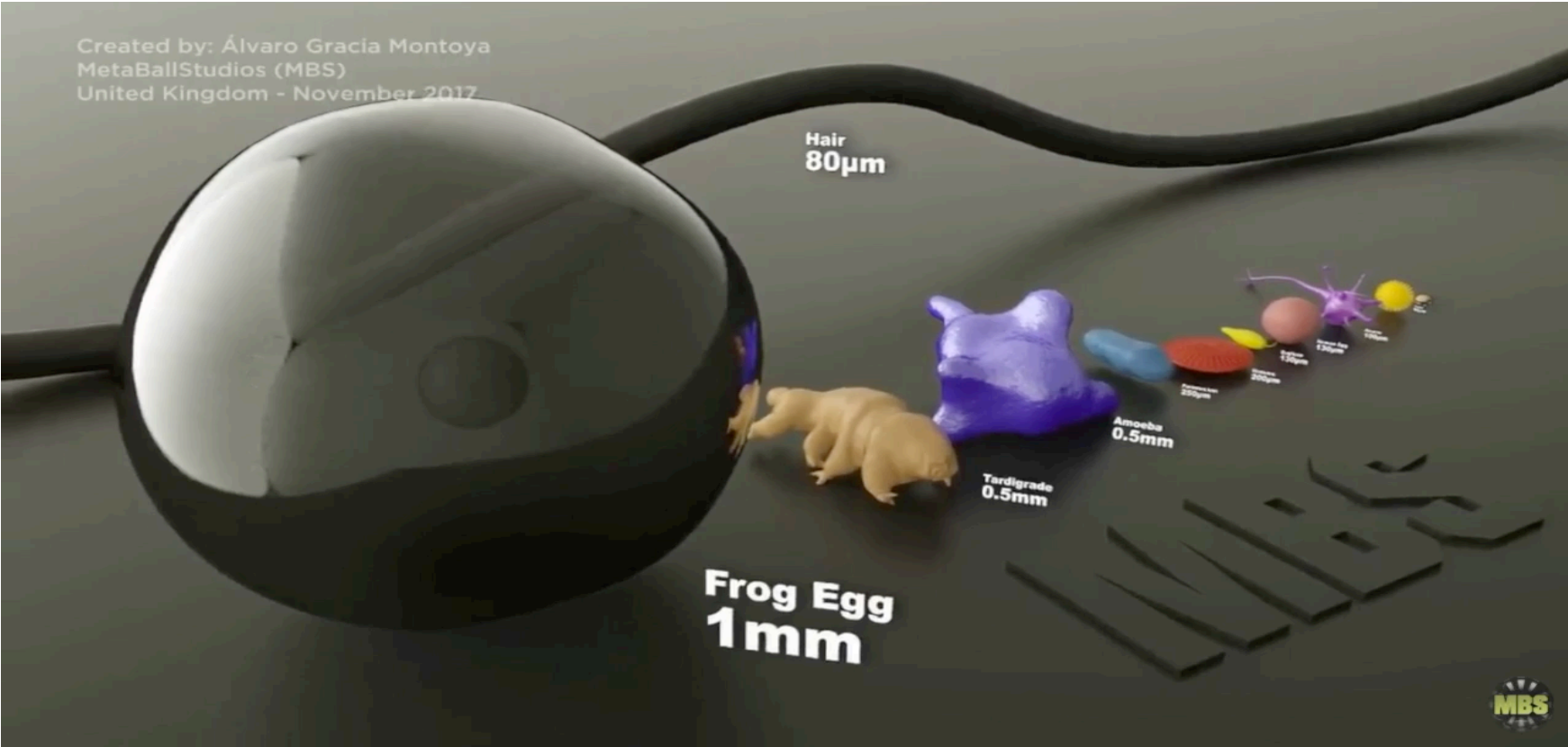
HIGIENE Y DESINFECCIÓN: MEDIDAS PREVENTIVAS PARA LA PRODUCTIVIDAD EN TIEMPOS DE COVID-19

Abril 8, 2020

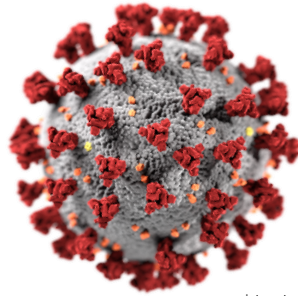
Virus y sus generalidades



¿Qué son los virus?



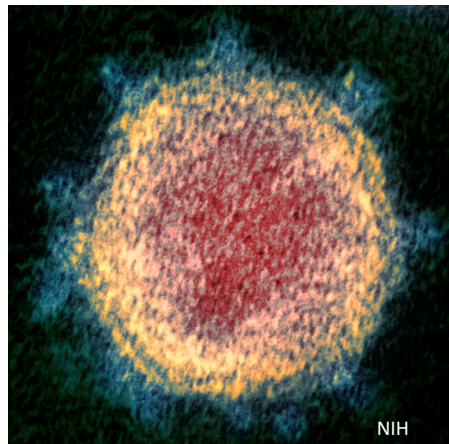
¿Qué son los virus?



pinterest

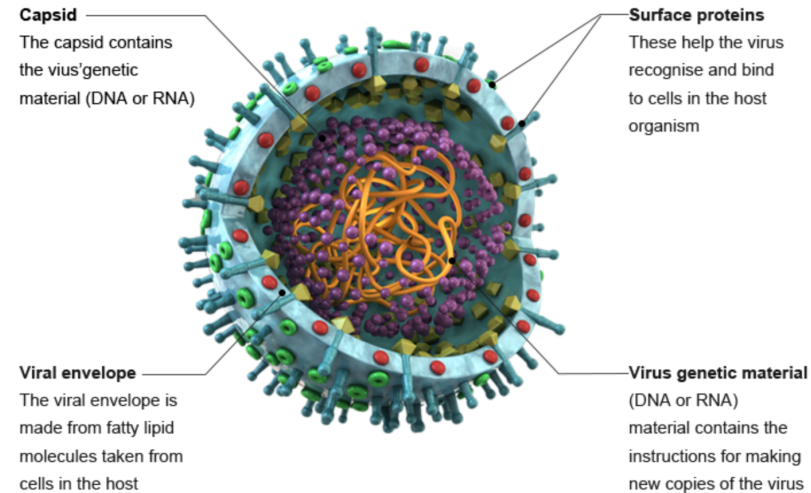
1. Agentes infectantes
2. Requieren un huésped para replicarse
3. No se consideran organismos vivos

Estructura de los virus

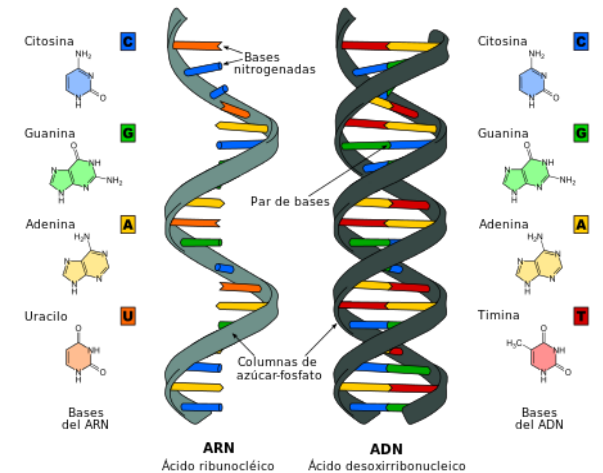


NIH

Envoltura

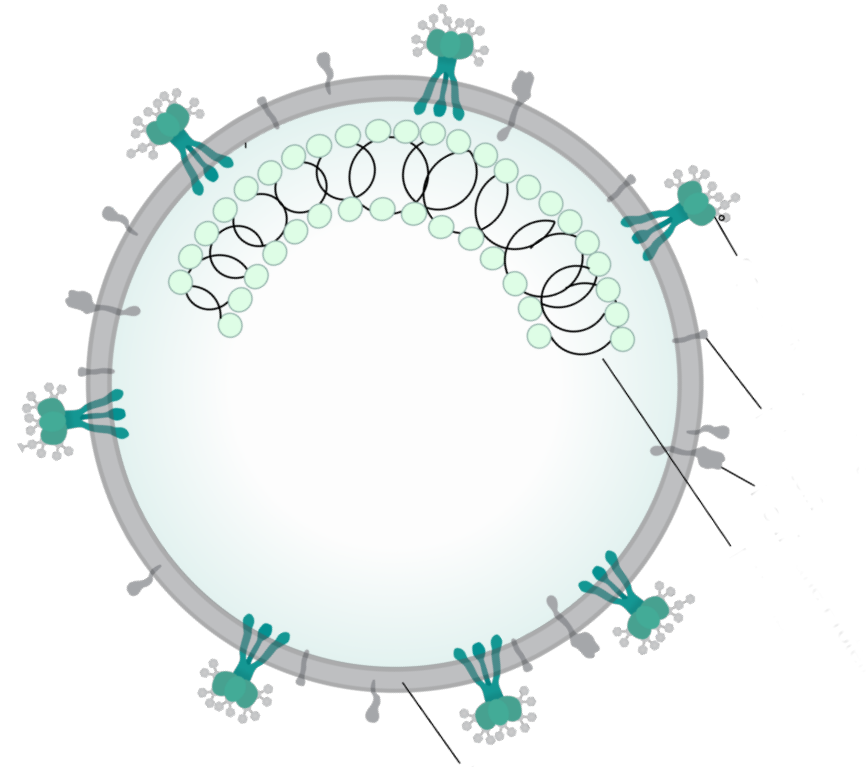
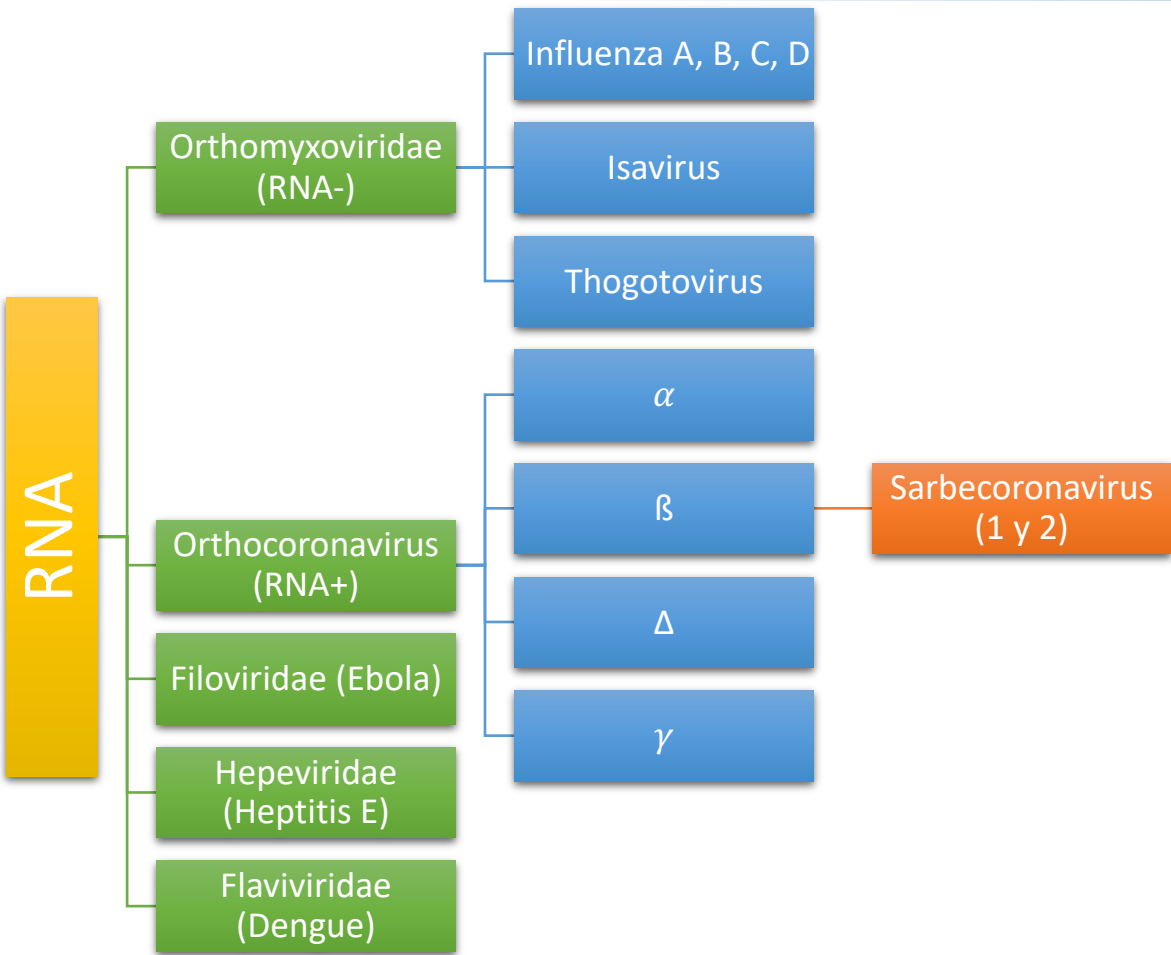


Elabsciencias

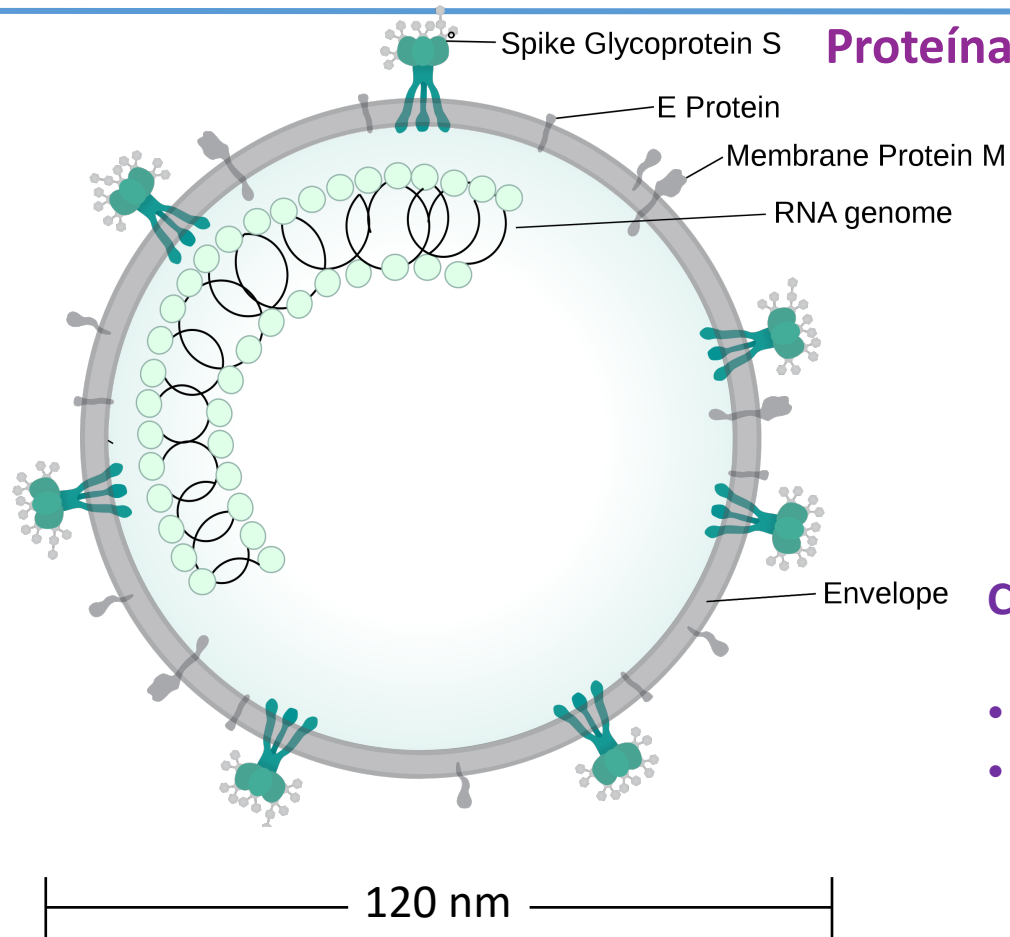


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¿Qué son los virus?



¿Qué son los virus?



Proteínas reconocimiento a receptores ACE [1]

Cadena de 27 a 32 Kb para 29 proteínas

VS

 Cadena de **3 billones** de bases
Y cerca de **6 millones** de proteínas [2]

Capa bilipídica

- Como las membranas celulares
- Fosfolípidos, glicoproteínas y proteínas

[1] DOI: [10.1038/s41467-020-15562-9](https://doi.org/10.1038/s41467-020-15562-9)

[2] DOI: [10.1155/2016/7436849](https://doi.org/10.1155/2016/7436849)

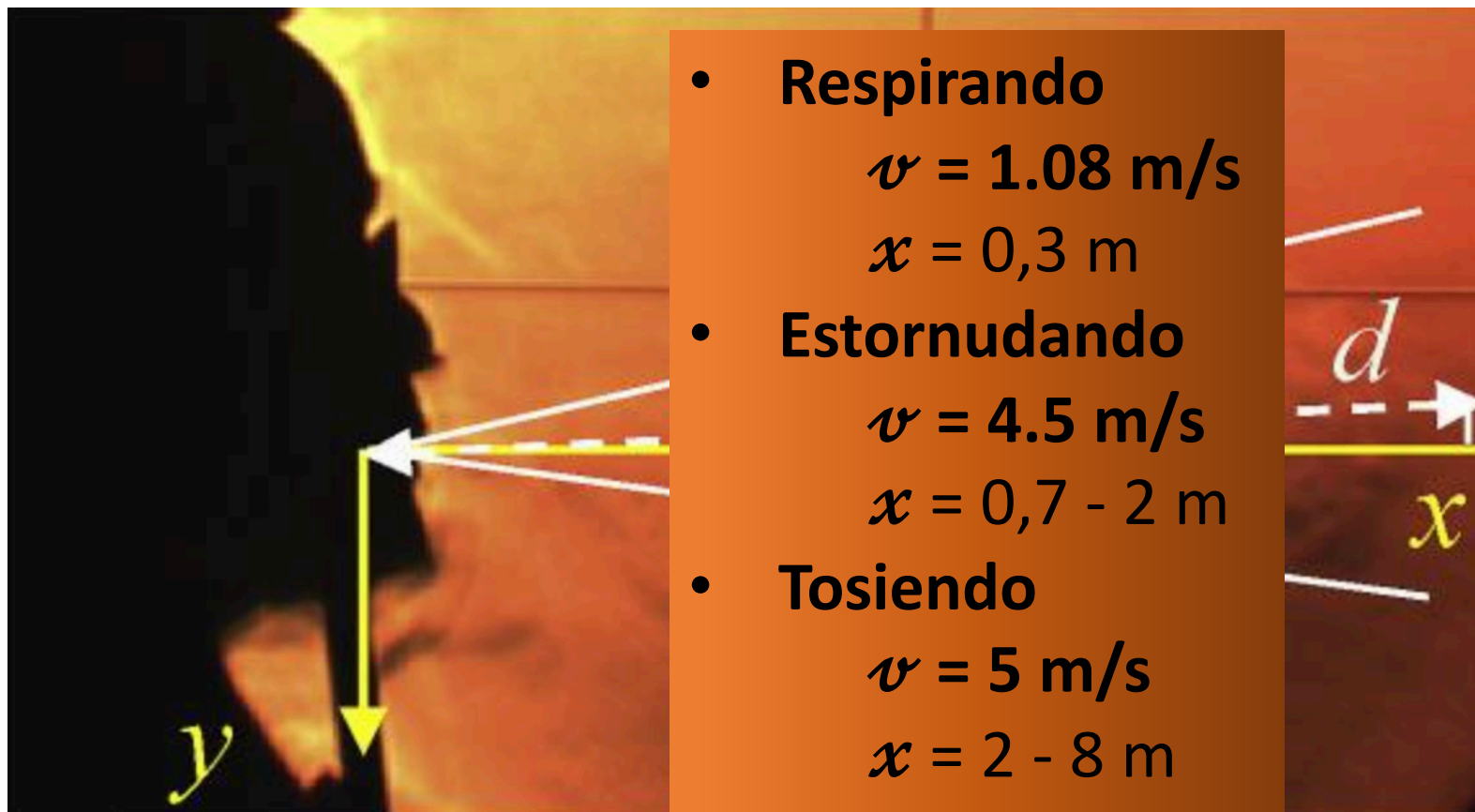
¿Qué son los virus?

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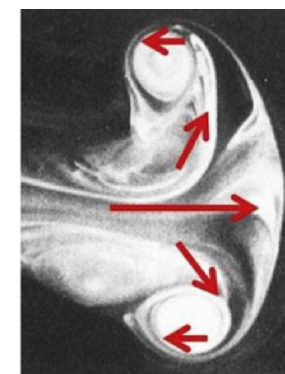




¿Cómo se transmiten?




- Respirando
 $v = 1.08 \text{ m/s}$
 $x = 0,3 \text{ m}$
- Estornudando
 $v = 4.5 \text{ m/s}$
 $x = 0,7 - 2 \text{ m}$
- Tosiendo
 $v = 5 \text{ m/s}$
 $x = 2 - 8 \text{ m}$




doi: [10.1371/journal.pone.0059970](https://doi.org/10.1371/journal.pone.0059970)

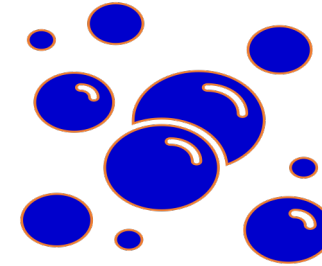
doi: [10.1016/j.buildenv.2016.11.032](https://doi.org/10.1016/j.buildenv.2016.11.032)

¿Cómo se transmiten?

- 

Respirando
 $v = 1.08 \text{ m/s}$
 $x = 0,3 \text{ m}$
- Estornudando**
 $v = 4.5 \text{ m/s}$
 $x = 0,7 - 2 \text{ m}$
- 

Tosiendo
 $v = 5 \text{ m/s}$
 $x = 2 - 8 \text{ m}$



| | $> 5 \mu\text{m}$ | $< 5 \mu\text{m}$ |
|-----|-------------------|-------------------|
| t | 0 – 30 min | 4 – 8 h |
| x | 30 cm | 8 m |

doi: [10.1371/journal.pone.0059970](https://doi.org/10.1371/journal.pone.0059970) doi: [10.1016/j.buildenv.2016.11.032](https://doi.org/10.1016/j.buildenv.2016.11.032)

¿Cómo se transmiten?



Persistence of Coronaviruses on Surfaces

Papel: 30 min

Pañuelos faciales: 30 min

Ropa: 1 día

Acero: 4 días

Tapabocas: 7 días

Wood: 4 days

Table 1
Persistence of coronaviruses on different types of inanimate surfaces

| Type of surface | Virus | Strain / isolate | Inoculum (viral titer) | Temperature | Persistence | Reference | | | | |
|------------------------|----------|-----------------------|------------------------|-------------|-------------|-----------------------|-----------------|------|------|------|
| Steel | MERS-CoV | Isolate HCoV-EMC/2012 | 10 ⁵ | 20°C | 48 h | [21] | | | | |
| | | | | 30°C | 8–24 h | | | | | |
| | TGEV | Unknown | 10 ⁶ | 4°C | ≥ 28 d | [22] | | | | |
| Aluminium | MHV | Unknown | 10 ⁶ | 20°C | 3–28 d | | | | | |
| | | | | 40°C | 4–96 h | | | | | |
| | | | | 4°C | ≥ 28 d | [22] | | | | |
| | HCoV | Strain 229E | 10 ³ | 21°C | 5 d | [23] | | | | |
| | HCoV | Strains 229E and OC43 | 5 x 10 ³ | 21°C | 2–8 h | [24] | | | | |
| | SARS-CoV | Strain P9 | 10 ⁵ | RT | 5 d | [25] | | | | |
| Metal | SARS-CoV | Strain P9 | 10 ⁵ | RT | 4 d | [25] | | | | |
| | | | | | 4–5 d | [25] | | | | |
| Wood | SARS-CoV | Strain P9 | 10 ⁵ | RT | 4 d | [25] | | | | |
| | | | | | 4–5 d | [25] | | | | |
| Paper | SARS-CoV | Strain P9 | 10 ⁵ | RT | 4–5 d | [25] | | | | |
| | | | | | 24 h | [26] | | | | |
| Glass | SARS-CoV | Strain P9 | 10 ⁵ | RT | 3 h | | | | | |
| | | | | | < 5 min | | | | | |
| | HCoV | Strain 229E | 10 ³ | 21°C | 4 d | [25] | | | | |
| | HCoV | Strain 229E | 10 ³ | 21°C | 5 d | [23] | | | | |
| Plastic | SARS-CoV | Strain HKU39849 | 10 ⁵ | 22°–25°C | ≤ 5 d | [27] | | | | |
| | | | | | MERS-CoV | Isolate HCoV-EMC/2012 | 10 ⁵ | 20°C | 48 h | [21] |
| | | | | | 30°C | 8–24 h | | | | |
| PVC | SARS-CoV | Strain P9 | 10 ⁵ | RT | 4 d | [25] | | | | |
| | | | | | 6–9 d | [28] | | | | |
| | SARS-CoV | Strain FFM1 | 10 ⁷ | RT | 2–6 d | [28] | | | | |
| | HCoV | Strain 229E | 10 ⁷ | RT | 5 d | [23] | | | | |
| Silicon rubber | HCoV | Strain 229E | 10 ³ | 21°C | 5 d | [23] | | | | |
| Surgical glove (latex) | HCoV | Strains 229E and OC43 | 5 x 10 ³ | 21°C | ≤ 8 h | [24] | | | | |
| | | | | | 2 d | [26] | | | | |
| Disposable gown | SARS-CoV | Strain GUV6109 | 10 ⁶ | RT | 24 h | | | | | |
| | | | | | 1 h | | | | | |
| Ceramic | HCoV | Strain 229E | 10 ³ | 21°C | 5 d | [23] | | | | |
| | | | | | 5 d | [23] | | | | |
| Teflon | HCoV | Strain 229E | 10 ³ | 21°C | 5 d | [23] | | | | |

MERS = Middle East Respiratory Syndrome; HCoV = human coronavirus; TGEV = transmissible gastroenteritis virus; MHV = mouse hepatitis virus; SARS = Severe Acute Respiratory Syndrome; RT = room temperature.

Source: *J. Hosp. Infect.* DOI: <https://doi.org/10.1016/j.jhin.2020.01.022>
Note: Coronavirus activity may be impacted by temperatures higher than 86°F (30°C). Authors also confirm that coronavirus may be effectively wiped away by household disinfectant. COVID-19 was NOT included in this study

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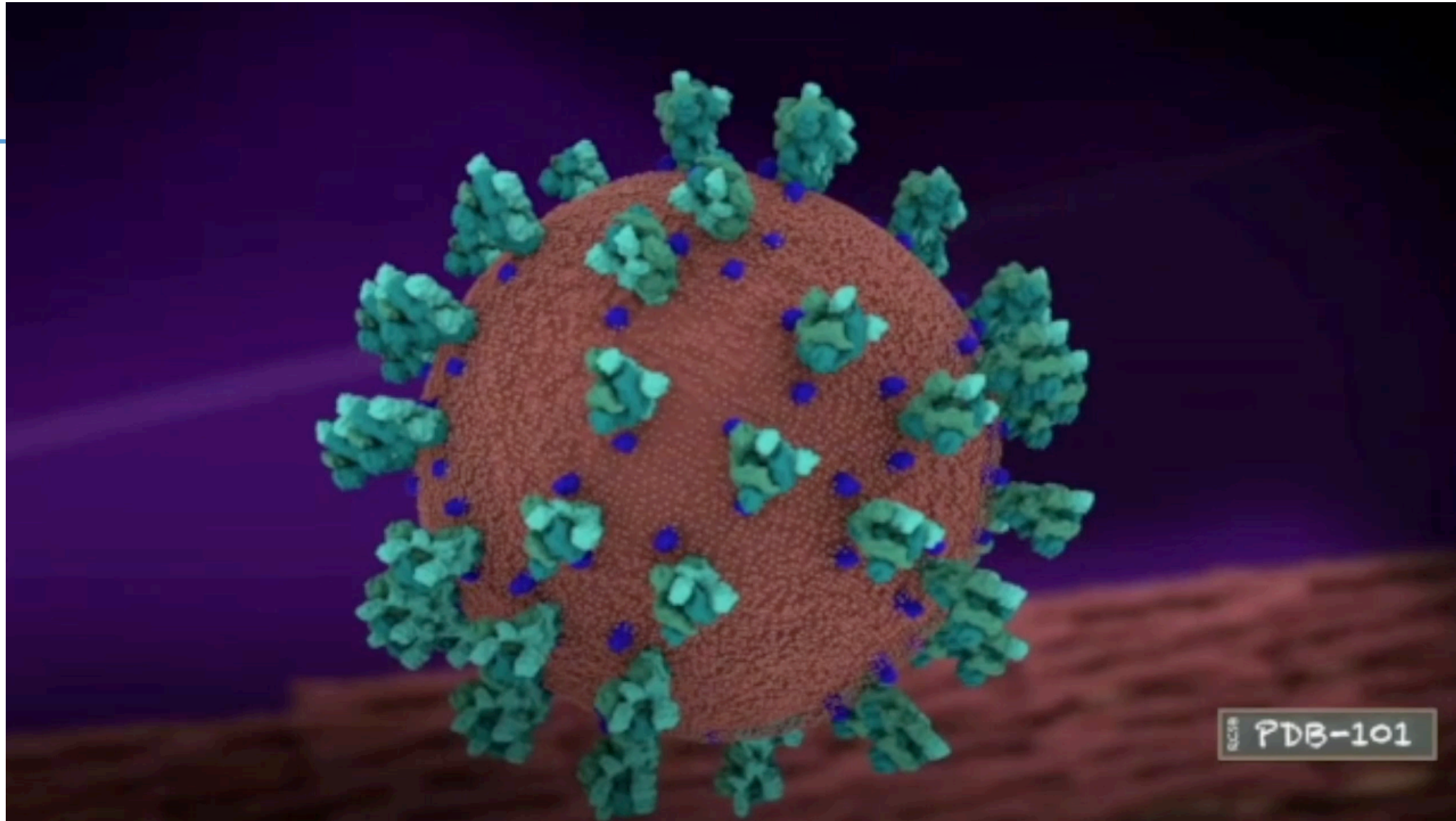


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Gracias por
su asistencia
virtual